



| Monat     | KW | Ferien | Anlass                             | Datum    | Dojo       | Leitung   |
|-----------|----|--------|------------------------------------|----------|------------|-----------|
| Januar    | 1  | ZG, ZH | Training                           | 4.1.     | Shoseikai  |           |
|           | 2  |        |                                    |          |            |           |
|           | 3  |        |                                    | 18.1.    | Shoseikai  |           |
|           | 4  |        | Kick-off Training                  | 25.1.    | Shoenkai   | Marc      |
|           | 5  |        |                                    | 1.2.     | Shoseikai  |           |
| Februar   | 6  | ZG     | Training in Dübendorf              | 8.2.     | Seishinkai |           |
|           | 7  | ZG, ZH |                                    | 15.2.    | Shoseikai  |           |
|           | 8  | ZH     |                                    |          |            |           |
|           | 9  |        |                                    | 29.2.    | Shoseikai  |           |
| März      | 10 |        |                                    |          |            |           |
|           | 11 |        | PVT - Danprüfungsvorbereitung      | 14.3.    | Shoseikai  | Marc      |
|           | 12 |        |                                    |          |            |           |
|           | 13 |        |                                    | 28.3.    | Shoseikai  |           |
| April     | 14 |        |                                    |          |            |           |
|           | 15 |        |                                    | 11.4.    | Shoseikai  |           |
|           | 16 | ZG, ZH |                                    |          |            |           |
| Mai       | 17 | ZG, ZH |                                    | 25.4.    | Shoseikai  |           |
|           | 18 |        |                                    |          |            |           |
|           | 19 |        |                                    | 9.5.     | Shoseikai  |           |
|           | 20 |        | Allg. Training                     | 16.5.    | Shobukan   | Marc      |
|           | 21 |        |                                    | 23.5.    | Shoseikai  |           |
| Juni      | 22 |        |                                    |          |            |           |
|           | 23 |        |                                    | 6.6.     | Shoseikai  |           |
|           | 24 |        |                                    |          |            |           |
|           | 25 |        |                                    | 20.6.    | Shoseikai  |           |
| Juli      | 26 |        |                                    |          |            |           |
|           | 27 |        | PVT - Danprüfungsvorbereitung      | 4.7.     | Shoseikai  | Marc      |
|           | 28 | ZG     |                                    |          |            |           |
|           | 29 | ZG, ZH |                                    | 18.7.    | Shoseikai  |           |
|           | 30 | ZG, ZH |                                    |          |            |           |
| August    | 31 | ZG, ZH |                                    | 1.8.     | Shoseikai  |           |
|           | 32 | ZG, ZH |                                    |          |            |           |
|           | 33 | ZG, ZH |                                    | 15.8.    | Shoseikai  |           |
|           | 34 |        | SGRKR Trainingsweekend (inkl. PVT) | 21.-23.8 | Morschach  | Marc/Gion |
|           | 35 |        |                                    | 29.8.    | Shoseikai  |           |
| September | 36 |        |                                    |          |            |           |
|           | 37 |        |                                    | 12.9.    | Shoseikai  |           |
|           | 38 |        | Allg. Training                     | 19.9.    | Shoenkai   | Marc      |
|           | 39 |        |                                    | 26.9.    | Shoseikai  |           |
| Oktober   | 40 |        |                                    |          |            |           |
|           | 41 | ZG, ZH |                                    | 10.10.   | Shoseikai  |           |
|           | 42 | ZG, ZH |                                    |          |            |           |
|           | 43 |        | PVT -Danprüfungsvorbereitung       | 24.10.   | Shoseikai  | Marc      |
|           | 44 |        |                                    |          |            |           |
| November  | 45 |        |                                    | 7.11.    | Shoseikai  |           |
|           | 46 |        |                                    |          |            |           |
|           | 47 |        |                                    | 21.11.   | Shoseikai  |           |
|           | 48 |        |                                    |          |            |           |
| Dezember  | 49 |        |                                    | 5.12.    | Shoseikai  |           |
|           | 50 |        | Danprüfung                         | 12.12.   | Shobukan   | Marc      |
|           | 51 |        |                                    | 19.12.   | Shoseikai  |           |
|           | 52 | ZG, ZH |                                    |          |            |           |
|           | 53 | ZG, ZH |                                    |          |            |           |

Trainingszeiten: Shobukan: 13:00 – 15:00 Uhr; Shoseikai: 10:00 – 12:00 Uhr; Shoenkai: 13:00-15:00 Uhr